



RUDOLF STEINER SCHOOL KINGS LANGLEY

About the Award

The Duke of Edinburgh's Award is a high quality, enjoyable, challenging and rewarding programme of personal development activities for young people aged 14-25. It operates in three progressive levels:

- Bronze (for those aged 14 and over)
- Silver (for those aged 15 and over) and
- Gold (for those aged 16 and over).

We run the Award from September and offer entry to interested and committed students who will be starting in Class 7. It is anticipated that they will complete the Award by the end of the academic year. Each Award is made up of four sections that involve:

- Service (helping other people in the local community)
- Skills (covering almost any hobby, skill or interest)
- Physical Recreation (sport, dance and fitness)
- Expeditions (training for, planning and completing a 2 or 3-day and 1 or 2-night journey on foot or canoe).

Why do the Award?

Fun; new skills and interests; sense of achievement; friendship; discovering self-confidence and self-reliance; enhanced self-esteem - these are just some of the many reasons! The Award is widely recognised by employers, colleges and universities. Achievements will also add to the student's Progress File.

Who should attempt the Award?

Anyone who enjoys a challenge!

How much does it cost?

We charge just £50 for the year. This covers the administration costs, training, and provides students with the Entrance Pack. There may be limited additional costs if your child decides to join a Judo or Hobby club for example. A key element of the Award is the Expedition and this will require the student having access to a sleeping bag, waterproof clothing, walking boots and rucksack. There will also be additional costs for the expedition section.

How much time will this take?

The Award runs within school from September to July (Term time only). It is planned that we meet all the students involved every two weeks during an after school session for support and team activities, as well as monthly Saturday morning sessions for training. In addition to this we may have after-school activities, but

these will vary depending on what options the student chooses for the three sections - Service, Skills and Physical Recreation. One section that we all work on together is the Expedition. This involves working through a training framework designed to provide the skills needed to carry out the Expedition.

Does it disrupt school work?

No. Participation in the Award gives the opportunity to develop time management skills. All activities should be undertaken in the student's free (i.e. non-directed) time and will often be in after-school or lunchtime clubs, evening clubs or weekends. Since the Award is simply an extension of a young person's personal interests and activities, Award work can fit around school work or other work quite easily.

Who is running the Award?

The Award team is made up of staff at RSSKL and other individuals who are giving up their own time to ensure your child succeeds. The operating authority that we report to is Hertfordshire County Council. Any parent who wishes to get involved would be welcome and is requested to contact us so that the required police checks are carried out and we can match your skills to our needs.

How can I learn more?

Talk to us at the school or visit the official website for the Award at www.theaward.org.
If you wish to come into school and talk, please do - (just phone first, please).

How can I get involved?

If you would like to get involved or require further information please contact Gary Powell at the school.